



**Centre of
Excellence**
HEALTH

Design your own LTC Home

Overview

New Brunswick has the highest senior population in the countries which makes them a huge part of our communities. It is important for students to be aware of the different age groups in our community. Through this activity, students will have a chance to understand how they can contribute to the positive well-being of their community either through working directly or indirectly with seniors at LTC homes.

Instructions

- 1) Begin with a discussion
 - a) Where do seniors/elders live when they're old and need assistance with their daily activities?
 - b) Ask whether they know if there are any long-term care homes in their surrounding areas?
 - c) Who works at a long-term care home?
- 2) Watch the 'Virtual Tour of a Long-Term Care (LTC) Home – Explore Careers in LTC' video under the 'Speaker Series' tab on the COE Health website.
https://centresofexcellencenb.ca/health/?speaker_series=virtual-tour-of-a-new-brunswick-long-term-care-ltc-home-explore-careers-in-ltc

- 3) Design your own long-term care home. Students can include whatever facility or club they like in the LTC home (e.g., spa, dance studio, fishing ponds, book club, etc.).
 - a) Design can be a diorama, a drawing, or a blueprint style.
- 4) Allow students to share their designs and explain why they decide to include those facilities or clubs.
- 5) **Extension/Optional:** For higher grade levels, students can also reach out to their co-op coordinators or school counselor for internship opportunities at a long-term care home in their area.
- 6) **SHARE** a picture of your class trying out this activity or their artwork and either send it or upload it via Twitter @NBCOE. Don't forget to tag @NBCOE in your post!