

PROTEIN BALLS



Ingredients

- 2 cups of oatmeal
- 1 cup of ground flax seeds
- 1 cup wheat germ
- 3/4 cup mini chocolate chips
- 1 cup of peanut butter
- 2/3 cup of honey
- 2 tsp vanilla



Directions

- Combine oatmeal, flax seed and wheat germ in a medium bowl.
- Add mini chocolate chips, peanut butter, honey, and vanilla in the same bowl.
- Stir ingredients until well combined.
- Using a small teaspoon, take a small bit of the mixture and roll it into a ball.
- Repeat until all the mixture is used.
- Refrigerate for an hour before serving.

