

Your favorite
breakfast food

Your favorite
lunch food

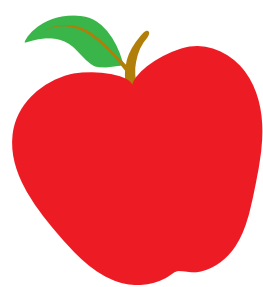
Your favorite
supper food

Your favorite
snack food

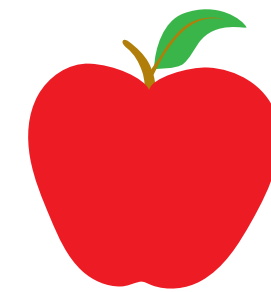
Your favorite
treat

A comfort food

A food you tried
for the first time



Nutrition Vision Board



A food you've
helped to cook

A food you like to eat
that is the colour red

Where you like to
eat your dinner

Who you enjoy
eating with

Who cooks your
meals

How you feel eating
food you love

A restaurant you
like eating at

Name: _____