

Youth Mental Health Symposium

FAQ's



Date: May 15th, 2023

Location: The WU Center on UNB Campus in Fredericton

Cost: There is no cost for students or chaperones attending this event

Time: 9:30 – 3:30

Audience: 200 hundred high school students from around the province –
Approximately 50 from each Anglophone School District.

Format: One keynote speaker in the morning.
Two breakout sessions in the afternoon.

Sessions for Teachers:

We plan to have 1 - 2 sessions for teachers although the majority of sessions will be for students. Teachers will be welcome to attend student sessions, however, this is not mandatory. EECD and ESS team members will be attending and on hand for each student session.

Schedule:

9:00: – Registration for students who traveled on the 14th and stayed at STU campus

9:30: General Registration/Swag Bags

Nutrition break for students and teachers as they arrive.

10:00: START

**10:00 AM – 10:45 AM: RBC/COE Health Welcome & Agenda Review
Warm Up**

10:45 – 12:00 Keynote Speaker – Jack.Org.

12:00 PM – 12:45: Lunch – Provided onsite

12:45 PM – 1:05: Yoga/Meditation session/Reflexology /Outside

1:15 – 2:00 Break Out Session 1

2:00 – 2:15 Break – transition to session 2

2:15 – 3:00 Break Out Session 2

3:00 – 3:15 Transition to theater for Closing Remarks

3:15 – 3:30 RBC/COE Health – Thank you and fun wrap-up activity. Door Prizes

3:30 – 3:45 Load buses & Ice Cream

Registration

Registration is the responsibility of individual students, although we are asking teachers and ESS teams to promote the event and direct students to the registration site.

Registration will be electronic throughout the province from March 15^h – March 29th, and will be on a “first come” basis. Students will register individually on their own. They will answer a brief questionnaire online and will select the top 3 breakout sessions they are interested in attending.

Waitlist

A waitlist will be automatically generated as all registrations are time stamped.

Transportation

Busses are booked (and paid for by EECD), for Woodstock, Miramichi, Saint John and Moncton areas. Most students from ASD-E, ASD-S & ASD-W will travel to the WU Center on the morning of the 15th. Transportation for more complex travel will be coordinated on an individual basis by EECD.

Lodging

Lodging, for students and chaperones who need to travel on the 14th, will be provided at Saint Thomas Campus and covered by EECD.

Permission Slips

A permission slip template will be provided by EECD and located on the COE Health Website by .April 19th. Chaperones are welcome to modify the form to adhere to specific school policies.

Permission slips will need to be collected and verified by a teacher at each school prior to getting on the bus.