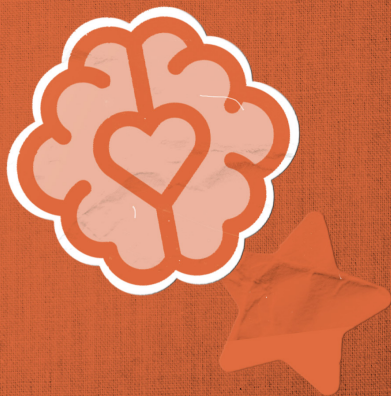




edHUB

jack.org

Bring Jack.org's free Mental Health Promotion to the Classroom

The Jack.org Educator Hub (edHUB) is a website that provides educators across Canada with **free, curriculum-aligned** resources to bring Jack.org's mental health promotion programming into their Grade 9-12 classrooms.

The **classroom-ready** unit plan, lesson plans, and activities are designed to support mental health literacy in a **safe, youth-friendly**, and **evidence-informed** way.

Designed and vetted by teachers for teachers, edHUB's **flexible** resources reduce the planning burden, making it easier to adapt materials and focus on both their students' and their own well-being.

Who is the edHUB for?

- Grade 9-12 educators

What does the edHUB offer?

- Quick, easy access to curriculum-aligned resources
- Free classroom-ready materials that outline learning goals, materials, procedures, and assessments
- Engaging, youth-friendly content featuring real youth stories
- Guidance on creating a safer classroom environment

Explore the edHUB today! →

Have a question or a resource idea?

Reach out to us at edhub@jack.org – we're here to collaborate with you every step of the way.

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